# The Resume of Simaye sabze Rahaei Harm Reduction Institute



Neme: Simaye sabze Rahaie Institute of harm reduction

CEO: Habib Bahrami

Registration Date: 12/03/2006

Registration Authority: The Companies Registration Office

**Registration Number**: 20493

Establishment Year: 2006

**Activity area**: Training, counseling, prevention and treatment in the field of addiction-caused harms:

Head of the workgroup for social harms in Tehran governor's office (2014 to present);

Member of the NGOs Network activating in the drug area of ECO countries (2013 to present);

The main member of the think tank of Tehran governor's office NGOs (2014 to present);

Member of the partnership committee for Drug enforcement in the Coordinating Council of Tehran province (2014 to 2015);

Member of the workgroup for social harms in City Council of Tehran (2013);

Having the highest rank in the services, social and executive areas among the NGOs of Tehran city (2013 & 2014);

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## Work experiences:

- Collaborating with the Welfare organization at the levels of state, Tehran province and Islamshahr town; obtaining the license of establishing the drop-in center (DIC) and the outreach office in Islamshahr (2006 to 2012);
- Collaborating with Tehran welfare organization at the levels of province and city; obtaining the license of establishing the drop-in center (DIC), the outreach office and Methadone maintenance Treatment (MMT) unit in Tehran (2008 to present);
- Cooperation agreement with Shahid Beheshti University of Medical Sciences in the field of establishment, setting up and implementation of the drop-in center (DIC) and outreach teams in khak sefid area, Tehranpars (2007-2008);
- Cooperation agreement with Shahid Beheshti University of Medical Sciences in the field of establishment, setting up and implementation of drop-in center (DIC) and outreach teams in Shoush area (2008-2009);
- Cooperation agreement with Tehran University of Medical Sciences in the field of establishment, setting up and implementation of the drop-in center (DIC) and outreach teams in Islamshahr (2009-2014);
- Collaborating with the committee for prevention and control of AIDS/HIV -affiliated to the state Welfare organization- for establishment and implementation of the positive club aiming at providing the services to people living with HIV/AIDS in Tehran (2009 to present);
- Cooperation agreement with district 22 of Tehran municipality to prepare the neighborhoods' identifier plan (2008);
- Cooperation agreement with district 5 of Tehran municipality for establishment and initiating of three community directed CBOs at the regional level (consultative meetings)(2009-2010);
- Cooperation agreement with district 22 of Tehran municipality for establishment and initiating of the community directed CBO at the regional level (consultative meetings)(2009-2010);
- Cooperation agreement with district 5 of Tehran municipality to establish the drop-in center (DIC), the outreach team and the Methadone Maintenance Treatment (MMT) unit in Jannat-abad, Tehran (2008 to 2011);

- Cooperation agreement with district 12 of Tehran municipality for establishment and initiating the first half way house for homeless women recovered from drug addiction (2008-2011);
- Cooperation agreement with different regions of Tehran municipality in order to reduce the social harms (addiction, HIV/AIDS);
- Making a 3 episode film named "Life... one more time" in the field of education and informing on HIV/AIDS in collaboration with the Channel 5, Tehran (IRIB). On the occasion of the World AIDS Day, the film was broadcasted in Tehran channel 5 on December 2009. It was directed by Maryam Milani and produced by Mr. Torki (2009).
- Holding the report writing workshops attended by the officials of the Islamshahr welfare organization (7/19/2010);
- Cooperation with Tehran municipality and Noore sepide hedayat institute for harm reduction in setting up and implementation of the social work base in Azadi Square, Tehran (2011-2013);
- The head of the addiction workgroup in district 5 of Tehran municipality (2012 to present);
- Community-directed implementation of the addiction preventing project in urban and working spaces in Tehran (in collaboration with Tehran Welfare Organization);
- Cooperation agreement with the coordinating council for drug enforcement of Tehran province in order to care and treat the addicted homeless women in Tehran (2012-2014);
- Establishing and initiating a short term residential abstinence-based center of addiction treatment for women (2011 to present);
- Collaboration with Tehran municipality and the harm reduction institute (*Noore sepide hedayat*) in identifying and gathering the socially disadvantaged persons in western areas of Tehran (2013-2014);
- Collaboration with Pars Khodro company in the field of addiction prevention and treatment programs for the staff (2012-2014);
- Collaborate with Mega Motor Company in the field of addiction prevention and treatment program for the staff (2013-2014);
- Cooperation agreements with the United Nations Office on Drugs and Crime in Tehran to hold the cartoon exhibition on HIV /AIDS (2012);

- Collaboration with Iran University of Medical Sciences in order to establish a center for drug abuse treatment in Qods city (2012 to present);
- Initiating and management of the first center on empowerment and socialization of the addiction recovered women (licensed by Tehran welfare organization) (2014 to present);

#### **Courses**

- Attending the two-day workshop entitled "Solutions for the prevention of drug abuse in family crisis" held by the United Nations Office on Drugs and Crime in Iran (UNODC) and the headquarter for Drugs enforcement (Tehran 19<sup>th</sup> & 20<sup>th</sup> October 2009) (Participation certificate);
- Attending the three-day consultation session entitled "strengths and weaknesses of harm reduction programs attended by the managers of harm reduction centers" held by the Committee for the Prevention and Control of AIDS -The state Welfare Organization-, (Kish Island, 1th-3th January 2010)(Participation certificate);
- Attending the one-day research conference entitled "Search for medicinal treatments of methamphetamine dependency" organized by the headquarter for Drugs enforcement (Tehran, 12/14/2009) (Participation certificate);
- Attending the two-day seminar entitled "The third annual Iranian seminar on HIV/AIDS" organized by the Ministry of Health and Medical Education, the AIDs Research Center of Tehran University of Medical Sciences and the association to support the patients with infectious diseases. (Tehran, 29<sup>th</sup> & 30<sup>th</sup> November 2009) (Participation certificate);
- Attending the one-day training workshop entitled "NGOs involved in the fight against drugs" organized by the headquarter for Drugs enforcement. (Tehran, 10/30/2009) (Participation certificate);
- Attending the national conference and training workshop entitled NGOs involved in the fight against drugs" held by the headquarter and coordination council for Drugs enforcement. (Tehran, October 2009)(Participation certificate);

- Attending the three day workshop entitled "retraining and sharing the instructors' experiences on HIV/AIDS prevention focusing on high-risk behaviors and addiction" held by the State Welfare Organization in collaboration with the Ministry of Health and Medical Education, the United Nations Office on Development Programme (UNDP) and the Global Fund to fight AIDS, Tuberculosis and Malaria (GFATM) in Ghamsar, Kashan (1<sup>th</sup>- 4<sup>th</sup> August 2009) (Participation certificate);
- Attending the two-day workshop entitled "The first workshop on prevention of HIV/AIDS in drug users' partners for NGOs" organized by the United Nations Office on Drugs and Crime (UNODC) and the headquarters for drugs enforcement (Tehran, 12<sup>th</sup>-13<sup>th</sup> April 2008) (Participation certificate);
- Attending the three-day workshop entitled "Training the Instructors for HIV/AIDS prevention and high-risk behaviors" organized by the Committee for AIDS Prevention and Control of the State Welfare Organization. (Tehran, 11/18/2008) (Participation certificate);
- Attending the three-day workshop entitled "Training the instructors of HIV/AIDS prevention and high-risk behaviors" organized by the Committee for AIDS Prevention and Control of the State Welfare Organization. (Kish Island, 12/13/2008) (Participation certificate);
- Attending the four-day workshop entitled "Training the peer instructors of HIV/AIDS prevention" organized by the Committee for the Prevention and Control of AIDS, The state welfare and the research institute for behavioral Sciences in Baghiat-Allah University and Welfare Organization of Khorasan-e Razavi. (Mashhad, 2008) (Participation certificate);

Attending the three-day workshop entitled "Networking in non-governmental organizations" held by the United Nations Office on Drugs and Crime in Iran (UNODC), the headquarter for Drugs enforcement and Darius Institute (Research Education Center for drug abuse and dependence, University of Welfare and Rehabilitation Sciences) (Tehran, 18<sup>th</sup>-20<sup>th</sup> December 2007) (Participation certificate);

• Attending the four courses of seven-day training workshops entitled "capacity building in NGOs" held by the United Nations Office on Drugs and

Crime in Iran (UNODC), the headquarter for Drugs enforcement and Pars noavaran Institute. (Tehran, 2007) (Participation certificate);

- Attending the three-day workshop entitled "Reducing the harms caused by drug abuse for DIC workers" held by the Ministry of Health and Medical Education and the National Center for Addiction Studies (Tehran, ) (Participation certificate);
- Attending the one-day workshop entitled "AIDS prevention" organized by the Committee for the Prevention and Control of AIDS in the state Welfare Organization, Darius Institute (Research and Education Center for abuse and drug dependence, University of Social Welfare and Rehabilitation sciences) and the Harm Reduction institute of Payamavarane hamyari (Tehran, 27<sup>th</sup>-29<sup>th</sup> May 2007) (Participation certificate);
- Attending the one-day workshop entitled "HIV/AIDS prevention" held by the Committee for the Prevention and Control of AIDS affiliated to The State Welfare Organization, Darius Institute (Research and Education Center for drug abuse, University of Social Welfare and Rehabilitation) and Simaye sabze rahaei institute of harm reduction (Tehran, 2006) (Participation certificate);
- Attending the one-day workshop entitled "Harm reduction" held by Tehran Welfare Organization. (Tehran, 2006) (Participation certificate);
- Attending the four-day workshop entitled "The first national workshop on training the outreach teams if drop-in centers" organized by the Institute of Health and Culture (Roozbeh center for the addiction prevention) with the support of the Department for Prevention and Treatment of Drug Abuse affiliated to the Ministry of Health and Medical Education. (Esfahan, 5<sup>th</sup>-8<sup>th</sup> February 2005) (Participation certificate);
- Basic and advanced UN CDs on labor security, security, health and well-being of personnel (2010) (Training certificate);

### Licensees

• The license of "Establishing the men drop-In center for harm reduction services in Islamshahr" from Tehran University of Medical Sciences (2012);

- The license of "Treatment center for drug abuse" from Shahid Beheshti University of Medical Sciences (2012 to present);
- The license of "Establishing the men drop-In center for harm reduction services in Islamshahr" from Tehran University of Medical Sciences (2011);
- The license of "Establishing the drop-In center providing the harm reduction services for men in Islamshahr" from Tehran University of Medical Sciences (2010);
- The license of "Establishing the men drop-In center providing the harm reduction services in Islamshahr" from the Department of Cultural Affairs and prevention, Tehran Welfare Organization (2009).
- Obtaining the basic agreement on "harm reduction drop-in center for men in Tehran" from the Department of Cultural Affairs and prevention, Tehran Welfare Organization (2009);
- Obtaining the basic agreement on the "Positive club" from the Department of prevention, Tehran Welfare Organization (2009 to present);

The license of "Establishing the drop-In center providing the harm reduction services for drug dependence cases in Islamshahr" from the Department of Health, Tehran University of Medical Sciences and Health Services (2009).

The license of "Establishing the drop-In center providing the harm reduction services for drug dependence cases in Islamshahr" from Tehran University of Medical Sciences and Health Services (2008).

- The license of "Establishing the drop-In center providing the harm reduction services for drug dependence cases in Shush" from Shahid Beheshti University of Medical Sciences and Health Services (2008);
- The license of "Establishing the drop-In center providing the harm reduction services for drug dependence cases in khaksefid area, Tehranpars" from Shahid Beheshti University of Medical Sciences and Health Services (2007);
- Obtaining the basic agreement on "harm reduction drop-in center for men in Islamshahr" from the Department of Cultural Affairs and prevention, Tehran Welfare Organization (2006);

• The license of "Establishing the treatment medium-term residential center for women to from Tehran Welfare Organization (2013).

## Acknowledgements

- Acknowledgement from the Islamshahr governor's office for participating in the exhibition "Allied against the spread of AIDS" for young people, college and high school students. The exhibition was held by the governor's office and the Health Network of Islamshahr (30<sup>th</sup> November to 5<sup>th</sup> December 2008);
- Acknowledgement from the headquarter for drugs enforcement –affiliated to the presidency office- for participating in the cultural festival and sports Olympiad 541 "No to addiction" on Shahid Shiroodi stadium (27<sup>th</sup> June to 2th August 2008);
- Acknowledgement from the Committee for Prevention and Control of AIDS, the State Welfare Organization for participating in the national conference entitled "Nursing, AIDS and society" held by Shihd Beheshti University of Medical Sciences and the Welfare Organization (3th-4<sup>th</sup> February 2008);
- Acknowledgement from the Committee for AIDS Prevention and Control, the State Welfare Organization for training the peer educators in the field of HIV / AIDS prevention (2010).

#### **Publications**

• The book "I tell you from my heart" (Scripts from people living with HIV/ AIDS)

#### **Published Summaries of the research results**

### **Abroad**

- 1. Development of a Program for Rational-Emotive Behavioral Therapy and Its Impact on Resilience and Mental Health in People Living with HIV/AIDS (2009)
- The summarized results of the study were published in the international conference entitled "Pathways to Resilience II: Social Ecology of Resilience". The conference was held by Dalhousie University and the University of King's College, Canada in 2010. The researcher and his colleagues were invited to lecture (oral Presentation). The researcher

- presented the paper at Dalhousie University, Halifax city, Novasocia state, Canada. (Participation certificate and the published book) (Abstract 134).
- 2. Development of a Program for Rational-Emotive Behavioral Therapy and Its Impact on Resilience and Mental Health in People Living with HIV/AIDS (2009)
- The summarized results of the study were published during the international conference entitled "Resilience, Why Bother?" held by the university of Brighton, England on April 2011. The researcher and his colleagues were invited to participate in the workshop.

#### In Iran

- Comparing the Impacts of the Rational-Emotive Behavioral Therapy on Resilience and Mental Health in men and women with HIV/AIDS. Habib Bahrami et al. Published in the 19<sup>th</sup> Congress on Infectious and Tropical Diseases. The Congress was held by the association to support the patients with infectious diseases in collaboration with the Center of Diseases Management –in the Ministry of Health and Medical Educationin Tehran. (4 & 5 January 2010) (Poster presentation certification).
- Investigation on the Impact of the Rational-Emotive Behavioral Therapy on Resilience and Mental Health in women with HIV/AIDS having drug abuse background and high risk sexual behaviors. Habib Bahrami et al. Published in the third annual seminar on HIV/AIDS. The seminar was held by the research center for Infectious and Tropical Disease affiliated to Shahid Beheshti University of Medical Sciences in cooperation with the Center of Diseases Management (the Ministry of Health and Medical Education) and the World Health Organization Office in Tehran (9 11 December 2010) (P151).
- Investigation on the Impactd of the Rational-Emotive Behavioral Therapy on Resilience and Mental Health in people with HIV/AIDS. Habib Bahrami et al. Published in the papers of the third annual seminar on HIV/AIDS. The seminar was held by the Research Center for Infectious and Tropical Disease affiliated to Shahid Beheshti University of Medical Sciences in cooperation with the Center of Diseases Management (the Ministry of Health and Medical Education) and the Office of the World Health Organization in Tehran (9th 11th December 2010) (P42).

 Planning the program of the Rational-Emotive Behavioral Therapy and examining its impacts on resilience and mental health in people with HIV/AIDS. Habib Bahrami et al. Published in the third annual seminar on HIV/AIDS. The seminar was held by the Ministry of Health and Medical Education, the Center of HIV/AIDS Research (Tehran University of Medical Sciences) and the association for supporting of patients with infectious diseases (2009) (P50).

## **Lecture presentations**

## Abroad

1. Developing a Program for Rational-Emotive Behavioral Therapy and Its Impact on Resilience and Mental Health in People Live with HIV/AIDS (2010). The summarized results of the study were accepted to be published and presented as lecture during the international conference entitled "Pathways to Resilience II: Social Ecology of Resilience" on June 7<sup>th</sup>-10<sup>th</sup>, 2010. The conference was held by Dalhousie University and the University of King's College, Canada. The researcher and his colleagues were invited to lecture by the Resilience research center.

### <u>In Iran</u>

• Investigation on the Impact of the Rational-Emotive Behavioral Therapy on Resilience and Mental Health in people with HIV/AIDS (2010). Habib Bahrami et al. Presented as poster in the third annual Iranian seminar on HIV/AIDS. The seminar was held by the Ministry of Health and Medical Education, the Center of HIV/AIDS Research (Tehran University of Medical Sciences) and the association for supporting of patients with infectious diseases in the political studies office of the Foreign affairs ministry (2009). (Poster presentation certificate);

## **Poster presentations**

### Abroad

 The Effects of Rational-Emotive Behavioral Therapy on Resilience and Mental Health in People Live with HIV/AID (2010). The summarized results of the study were presented as poster during the international conference entitled "Resilience, Why Bother?" by the university of Brighton, England in April 2011.

## <u>In Iran</u>

- 1. Comparing the Impact of the Rational-Emotive Behavioral Therapy on Resilience and Mental Health in men and women with HIV/AIDS. Habib Bahrami et al. Presented as poster in the 19<sup>th</sup> Congress on Infectious and Tropical Diseases. The Congress was held by the association to support the patients with Infectious Diseases in collaboration with the Center of Diseases Management, the Ministry of Health and Medical Education in Tehran. (4 & 5 January 2010) (Poster presentation certificate);
- 2. Investigation on the Impact of the Rational-Emotive Behavioral Therapy on Resilience and Mental Health in women with HIV/AIDS having drug abuse background and high risk sexual behaviors. Habib Bahrami et al. Presented as poster in the third annual seminar on HIV/AIDS. The seminar was held by the Research Center for Infectious and Tropical Disease -affiliated to Shahid Beheshti University of Medical Sciences- in cooperation with the Center of Diseases Management (the Ministry of Health and Medical Education) and the Office of the World Health Organization in Medical faculty of Shahid beheshti University (9 11 December 2010) ) (Poster presentation certificate);
- 3. Planning the program of the Rational-Emotive Behavioral Therapy on Resilience and Mental Health in people with HIV/AIDS. Habib Bahrami et al.(2009). Presented as poster in the third annual seminar on HIV/AIDS. The seminar was held by the Ministry of Health and Medical Education, the Center of HIV/AIDS Research (Tehran University of Medical Sciences) and the association for supporting of patients with infectious diseases (2009) (Poster presentation certificate).